

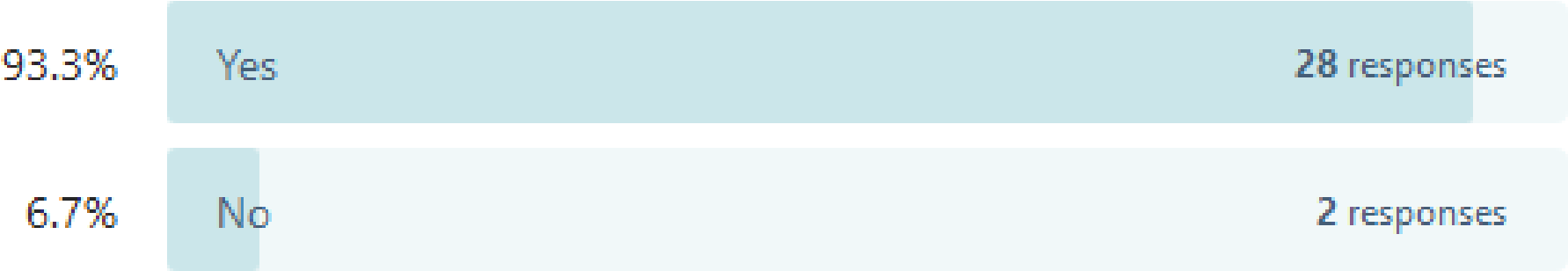


Art Therapy Community
Survey Results
September 2020



Are you a Colorado Art Therapy Association member?

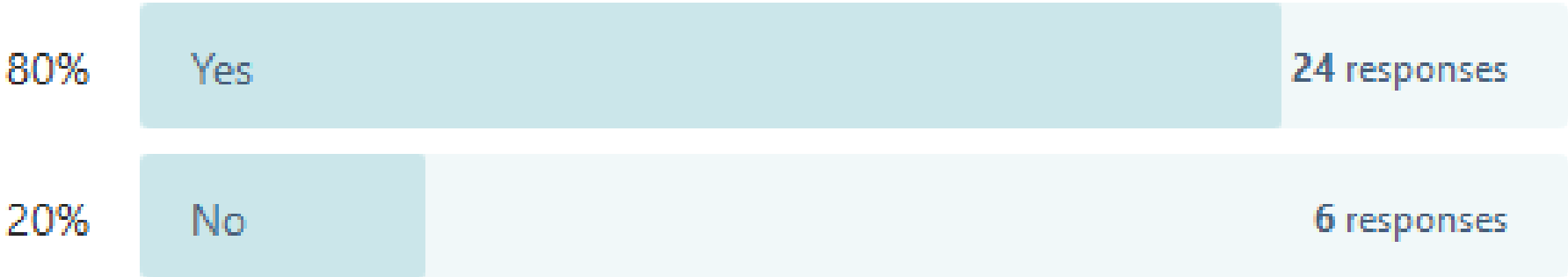
30 out of 30 people answered this question





Are you an American Art Therapy Association - AATA member?

30 out of 30 people answered this question



✓ 3

What is your gender?

30 out of 30 people answered this question





What is your age?

30 out of 30 people answered this question

Average Age of Respondents is 41 years old

Age Range of Respondents is from 25 to 76 years old



5

What is your ethnicity?

30 out of 30 people answered this question

European, Hispanic, Irish Italian, It's Complicate,
Lakota/Kiowa/Cheyenne, Puerto Rican (Latinx) and Polish, White
(Italian-American, German-American), White Non-Hispanic, White-
German/English/Scottish

6

What is your city/town location?

30 out of 30 people answered this question

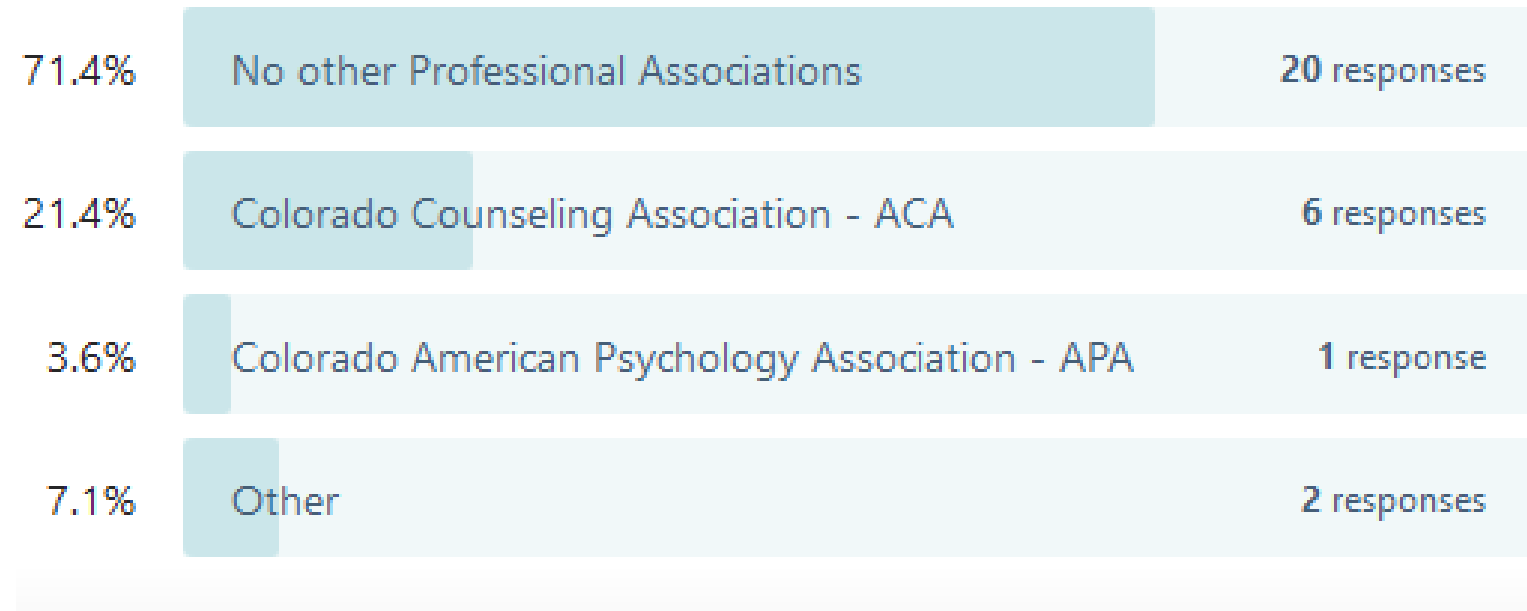
Boulder, Broomfield, Colorado Springs, Denver,
Thornton, Fairfax, Greenwood Village, Highlands Ranch,
Lafayette, Littleton, Longmont, Parker, Pueblo,
Sheridan, Outside Boulder





Do you belong to other Professional Associations?

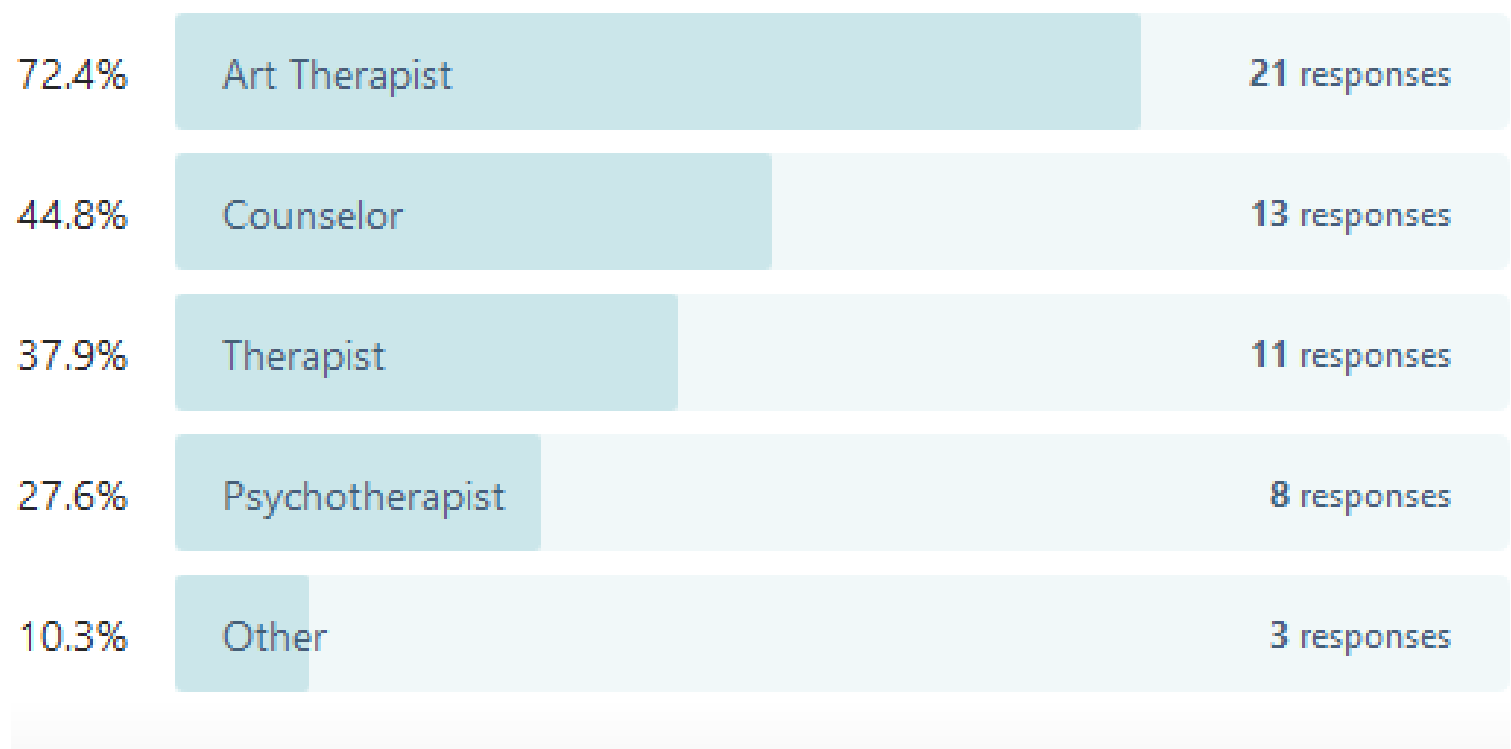
28 out of 30 people answered this question (with multiple choice)



✓ 8

What are your job title(s)?

29 out of 30 people answered this question (with multiple choice)





9

What are the other job titles of the other professionals with whom you work?

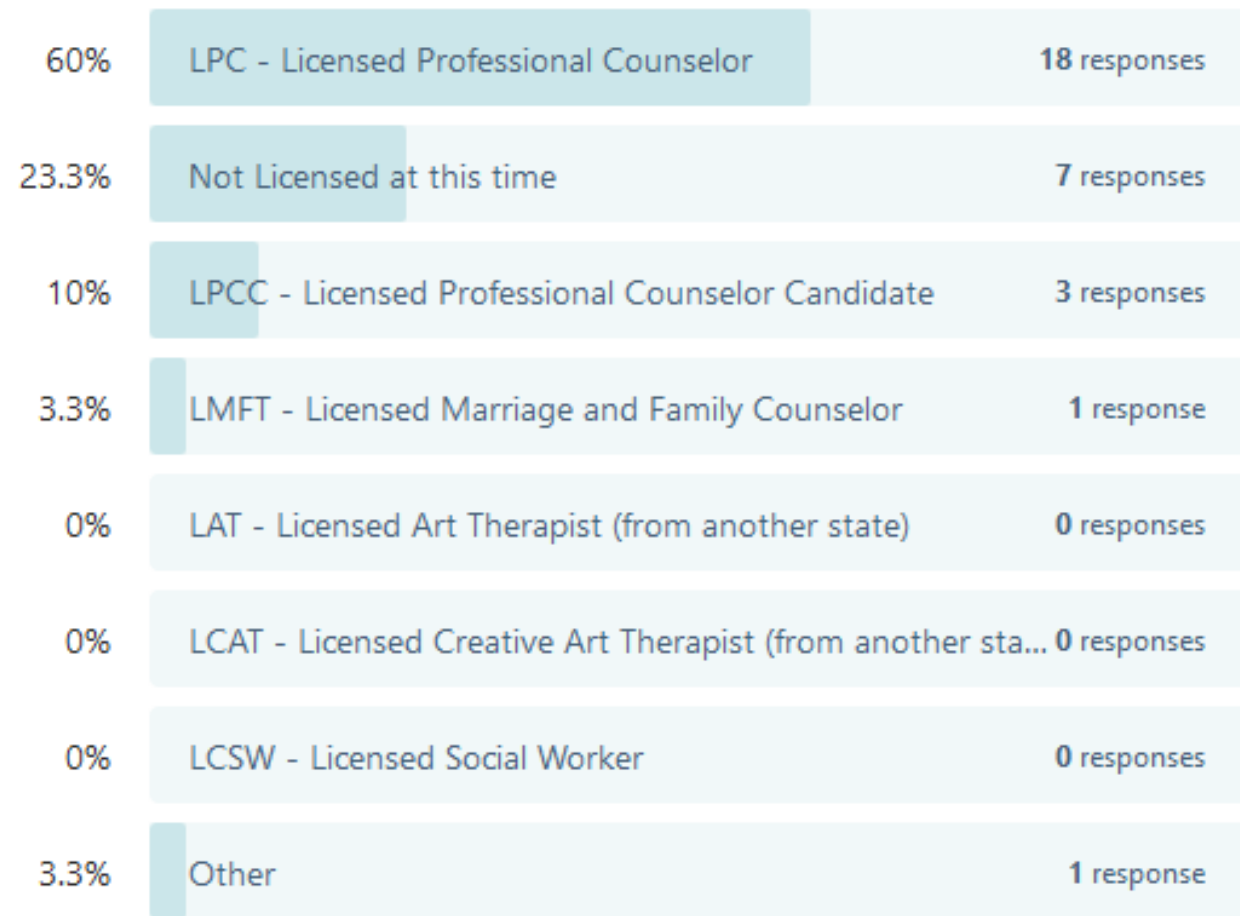
30 out of 30 people answered this question (with multiple choice)



✓ 10

What is your Colorado state licensure or other state licensure?

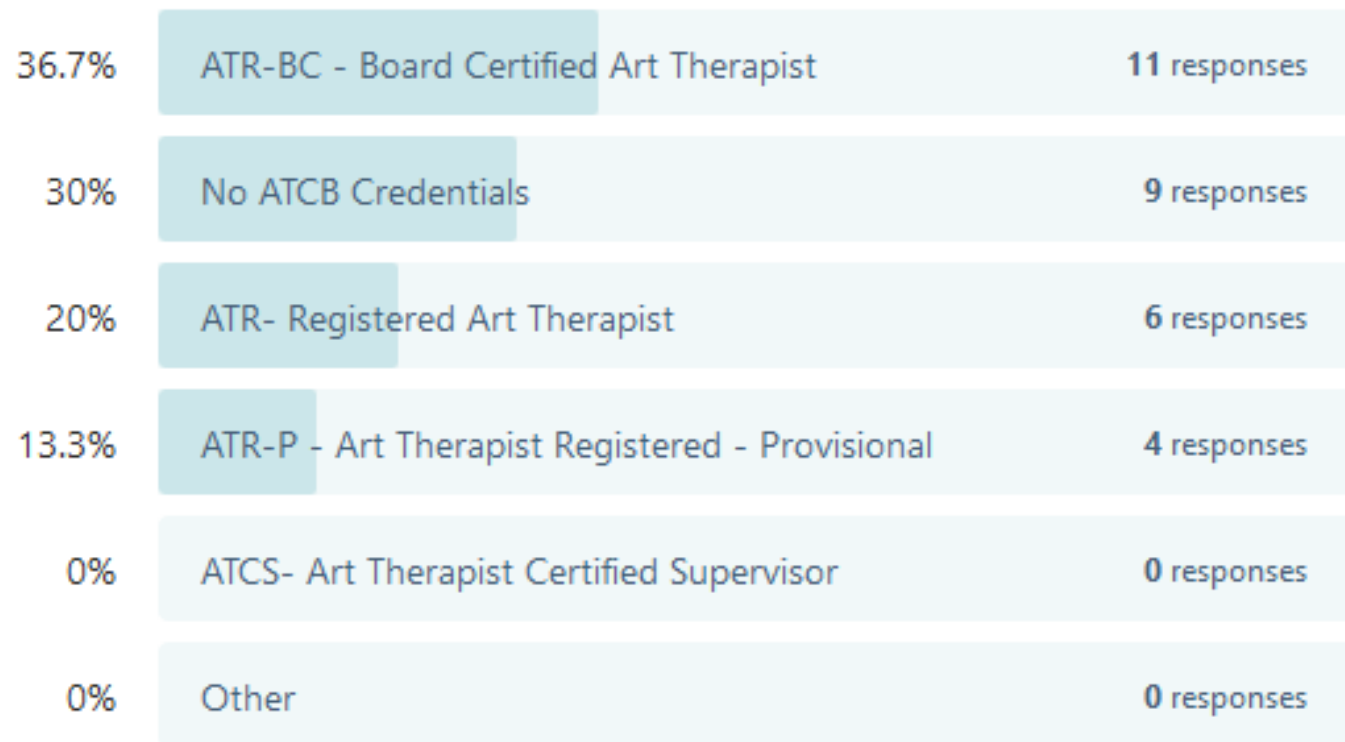
30 out of 30 people answered this question



✓ 11

What are your ATCB art therapy credentials?

30 out of 30 people answered this question



✓ 12

What are the number of years you have practicing art therapy and/or psychotherapy?

30 out of 30 people answered this question



13

Do you have any other specialties, certificates or additional training in addition to your licensure?

27 out of 30 people answered this question

Addictions, Advocacy/non-profit work, AASECT Certified Sex Therapist, Art Education, Co-Occurring Disorders, Depth Psychology, Eating Disorders, EMDR, Internal Family Systems, Jungian training, LAC-Addiction Counselor Training, Mediation, NCC, PACT Level 2, QMHP-T, Reconnective Therapy, SoulCollage[®], Facilitator, Registered Yoga Teacher, Sand tray, Sensorimotor Psychotherapy, Social Work, Soul Collage Facilitator, Trauma Recovery, Trauma Therapy Training (PESI), SFBT training, Supervision, Yoga





14

What Colorado county do you work in?

30 out of 30 people answered this question

Adams, Aurora, Boulder, Broomfield, Denver, Douglas, El Paso, Greenwood Village, Jefferson and Pueblo.



✓ 15

What type of organization or agency do you work in?

29 out of 30 people answered this question (with multiple choice)





16

What funding sources do you/your agency use for art therapy services?

27 out of 30 people answered this question

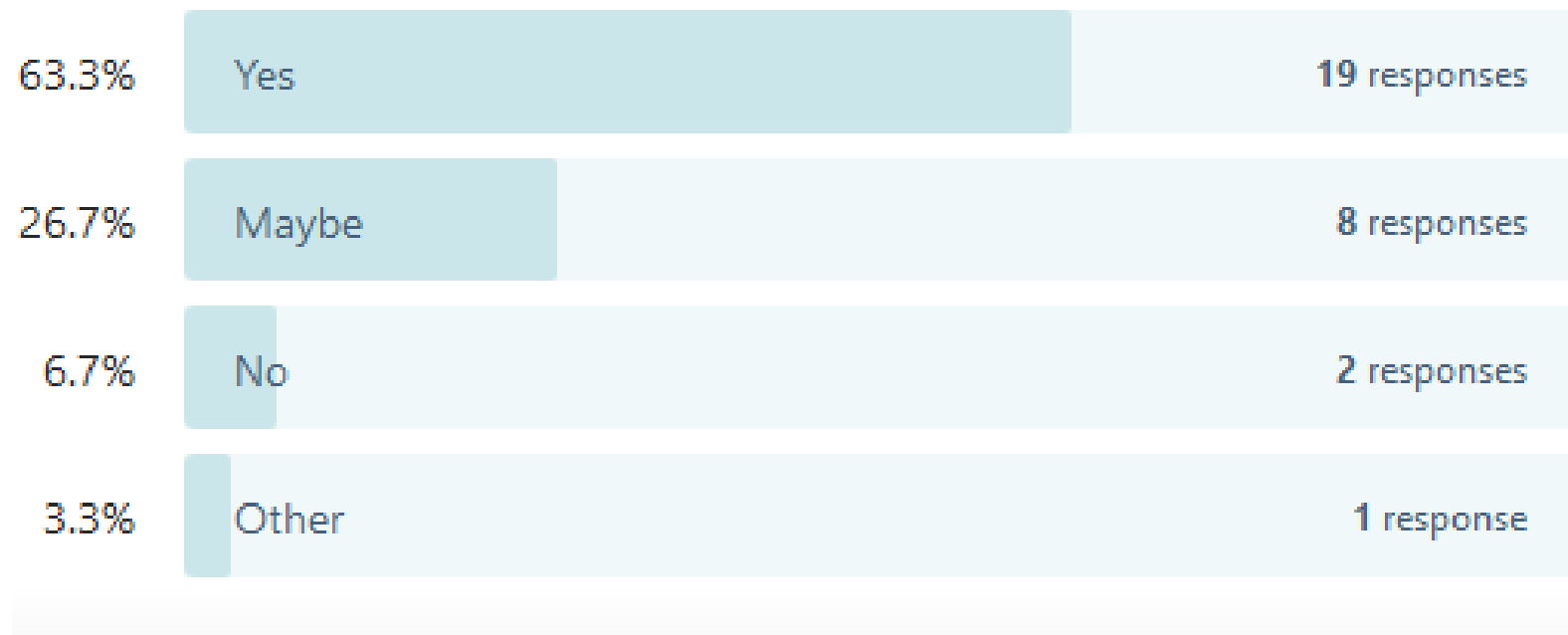
Agencies budget for art supplies, Art Materials donated, Donations, Grants, Hospital budget allocations, Insurance , Major private insurances, Medicaid, Personal, Personal Inventory, Primarily State Government funding, Private Pay in Private Practice, Medicaid, Sliding Scale for Organizational work, Self-Pay



✓ 17

Is there a need for more mental health / therapy services in your county?

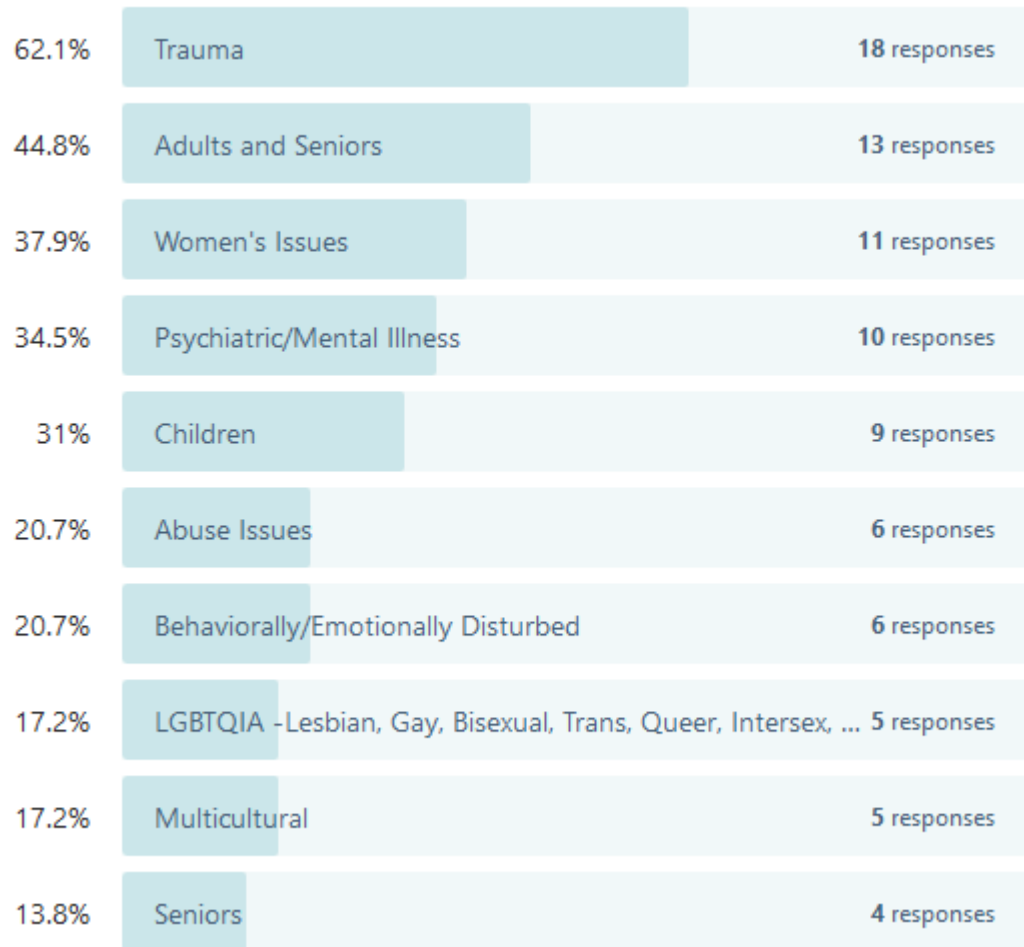
30 out of 30 people answered this question



✓ 18

Please indicate the population your organization specializes in.

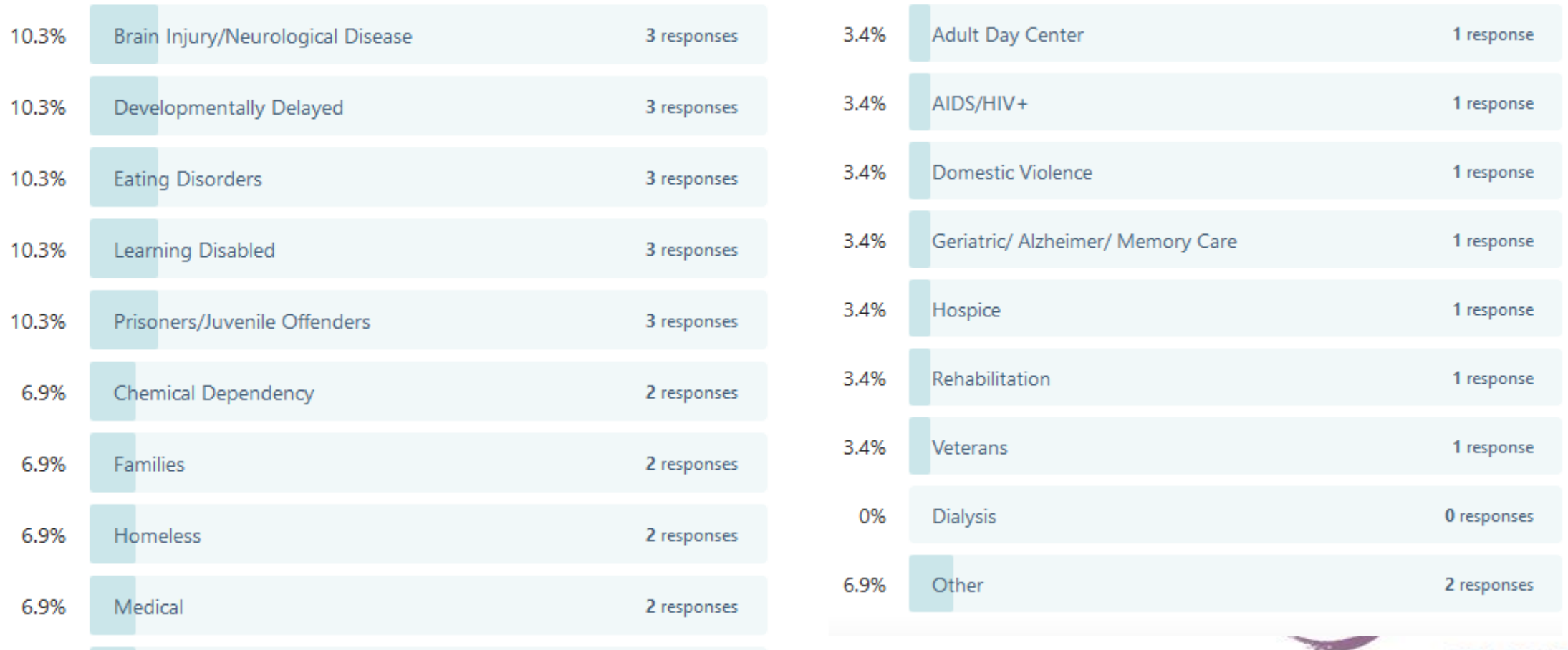
29 out of 30 people answered this question (with multiple choice)



✓ 18

Please indicate the population your organization specializes in.

29 out of 30 people answered this question (with multiple choice)



What is the name of the organization or agency you work for or are affiliated with?

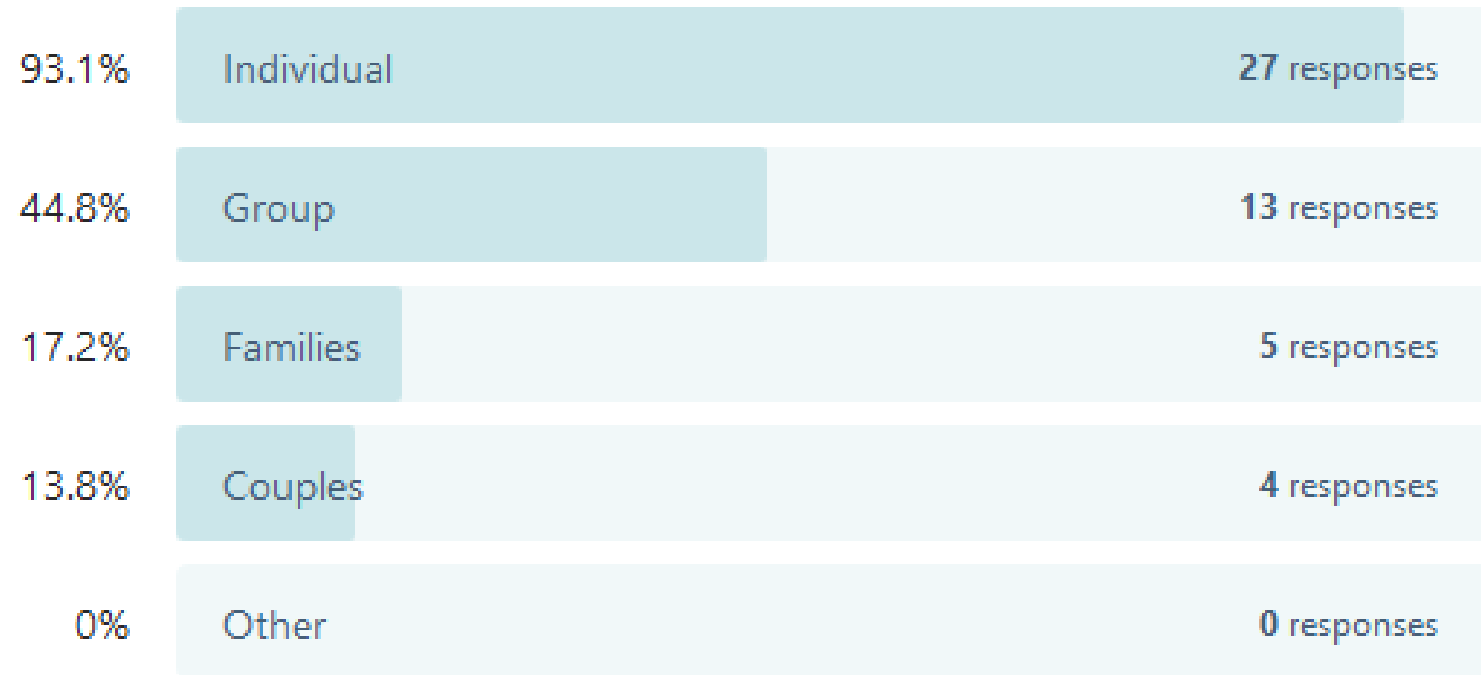
29 out of 30 people answered this question

- CDOC
- Children's Hospital
- Creative Therapy
- CMHIP
- Colorado Mental Health Institute at Fort Logan
- Consultants for Children
- Couples Counseling of Denver
- Creative Empowerment Counseling
- DCIC
- Denver Homeless Out Loud
- Jefferson Center
- McClendon Center
- Naropa Student Counseling Center
- Private Practice
- Self Employed
- SonderMind
- Specialized Offender Services
- Studio Spectral
- Teacup Counseling
- The Blue Bench
- The Mariposa Center

✓ 20

What type of clients do you work with?

29 out of 30 people answered this question (with multiple choice)



☰ 21

What percentage of your work is art therapy vs general therapy?

29 out of 30 people answered this question

Average Percentage of Work as Art Therapy 53%

Mode of Data Range 80%

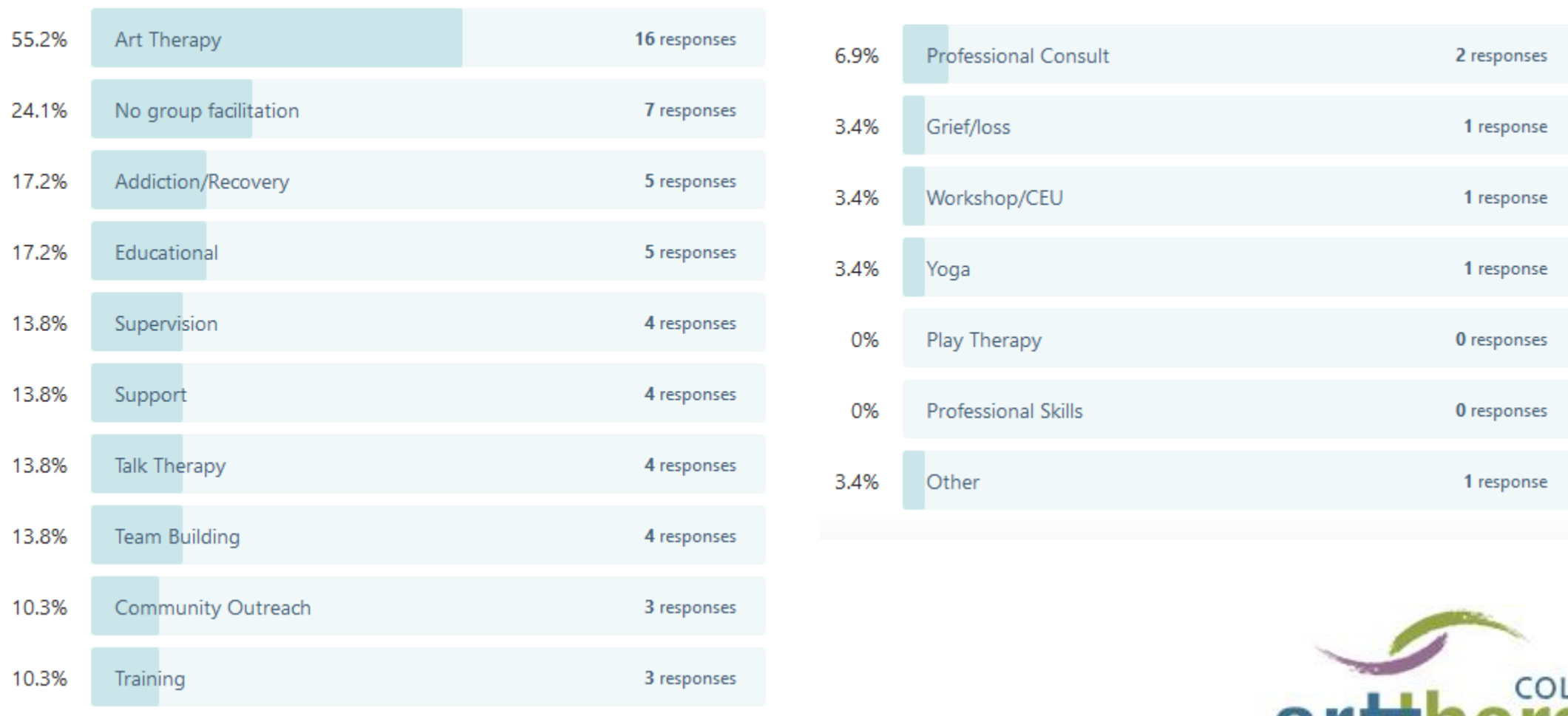
Mode is the most commonly occurring value in the data range

Range of Art Therapy vs General Therapy 0% to 100%



✓ 22 What types of group(s) do you facilitate or co-facilitate?

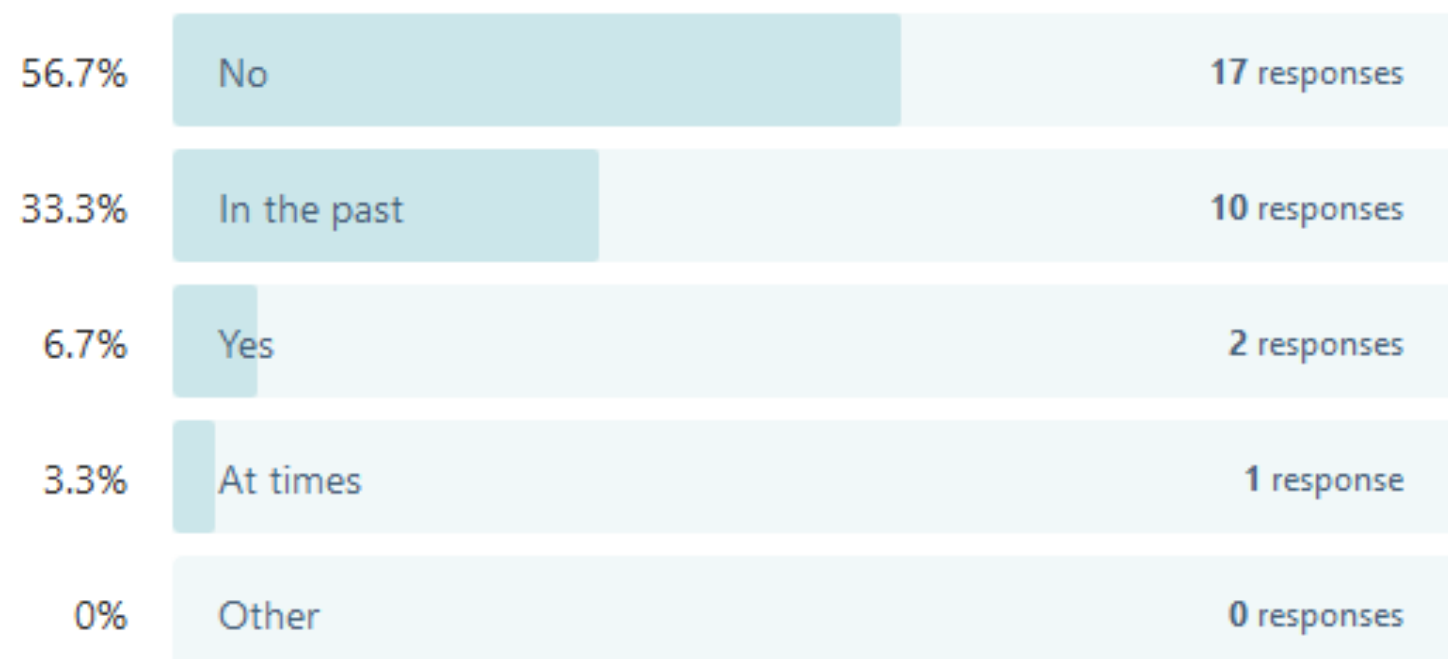
29 out of 30 people answered this question (with multiple choice)



✓ 23

Do you work with an art therapist yourself for personal therapy?

30 out of 30 people answered this question



24

Approximately how many clients or patients are receiving art therapy at your organization or agency?

28 out of 30 people answered this question

Average Number of Client Receiving Art Therapy = 16

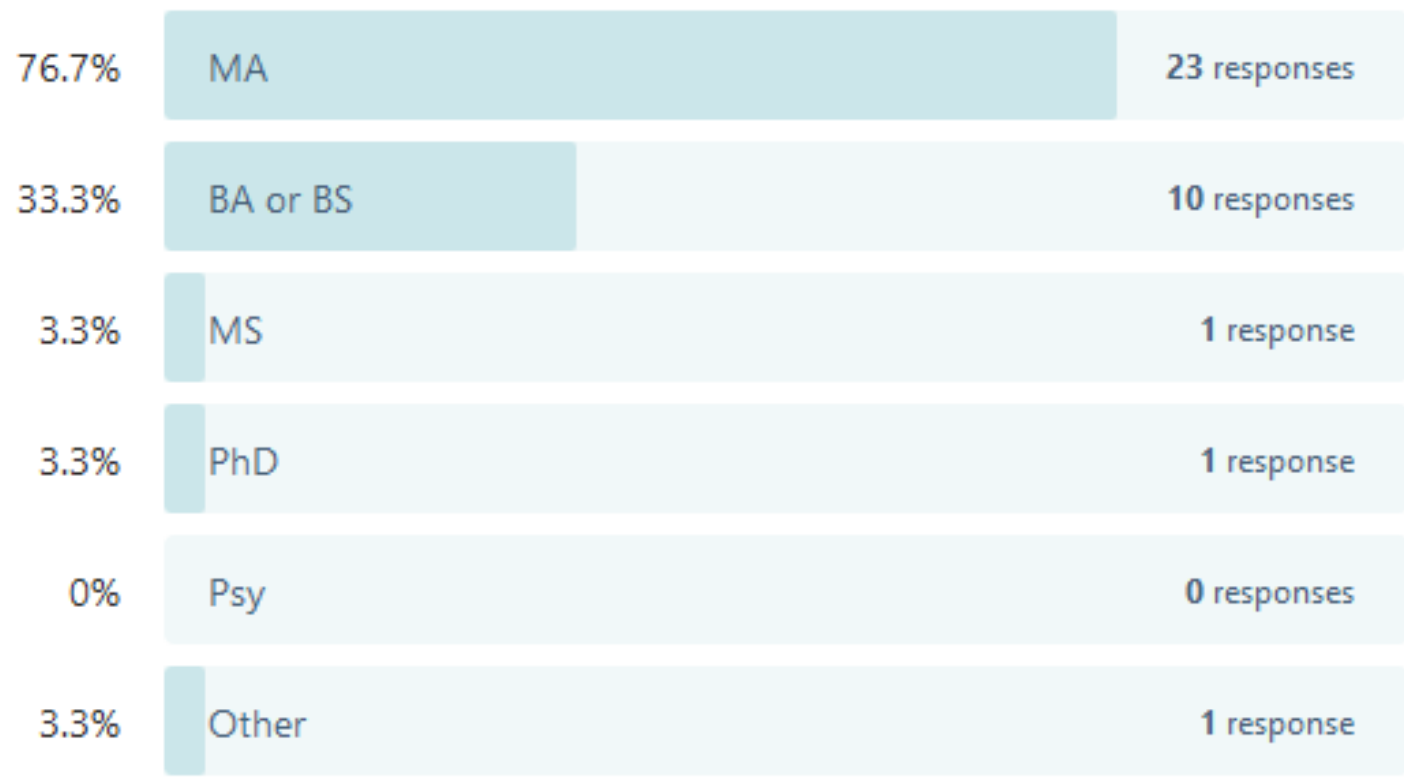
Range of Clients Receiving Art Therapy is 0 to 40



✓ 25

What degrees have you earned?

30 out of 30 people answered this question (with multiple choice)



✓ 26

What is the highest level of art therapy training you have received?

29 out of 30 people answered this question



Are you aware of case(s) of unintentional harmful uses of art therapy by either an art therapist or others without art therapy training promoting their services as art therapy?

30 out of 30 people answered this question

Answers include No = 13 (43%) Yes = 5 (17%) In the past = 3 (10%)

Comments -

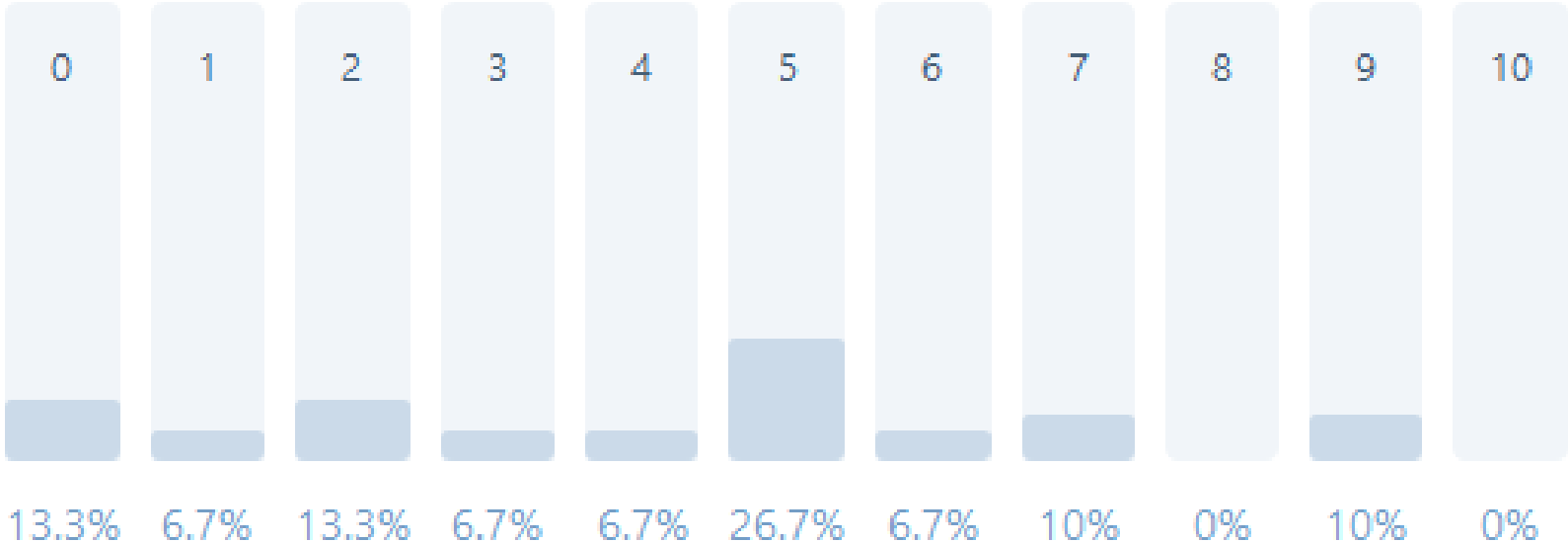
- Perhaps not "harmful" but yes to minimally effective and not properly conducted.
- Only nationally, none in CO
- Not currently, not observing many art therapists at this time. In the past have seen new art therapists/art therapy interns/recent graduates have poor boundaries in general/not set up containment prior engaging in work.
- Not at my work, but I have heard from other art therapists that non-art therapists have made attempts at doing so. You also see therapists on Psychology Today claiming to do art therapy without proper credentials.

28

How familiar are you with the Colorado Legislative process and/or advocacy? On a Scale from 0 to 10, with 10 the most familiar.

Avg. 4.1

30 out of 30 people answered this question

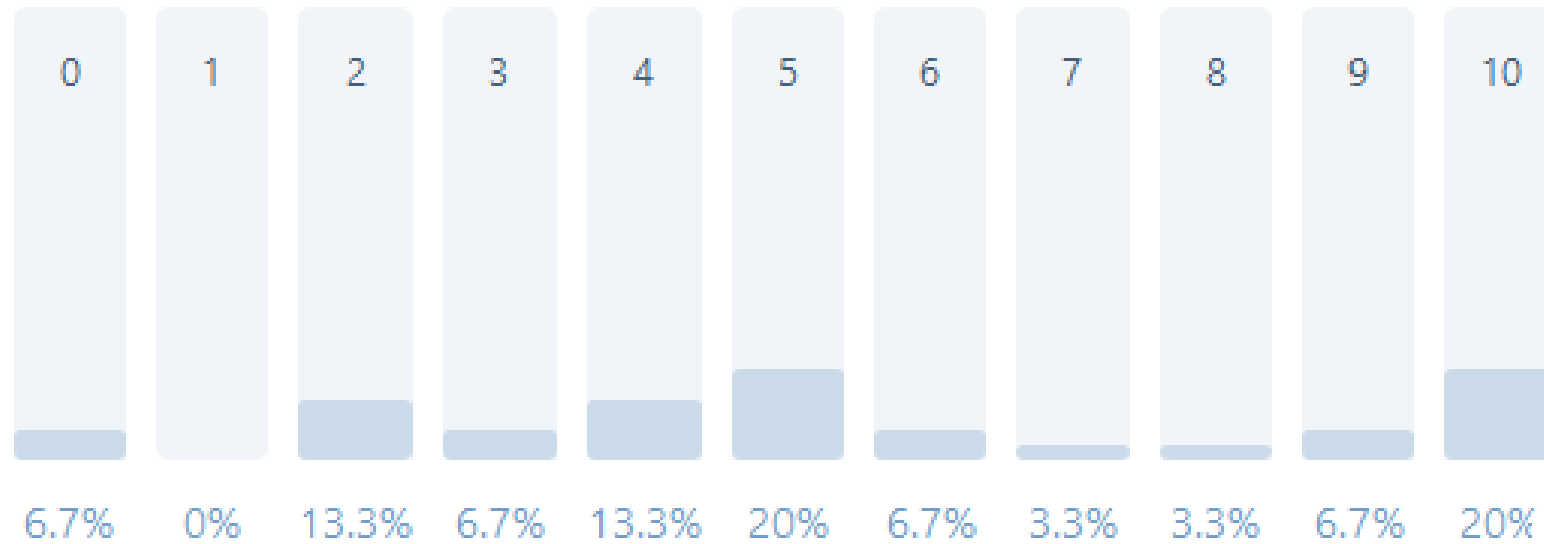


29

How likely are you to volunteer for CO-ATA to raise Art Therapy awareness, Title Protection or Licensure? On a Scale from 0 to 10, with 10 the most likely.

Avg. 5.5

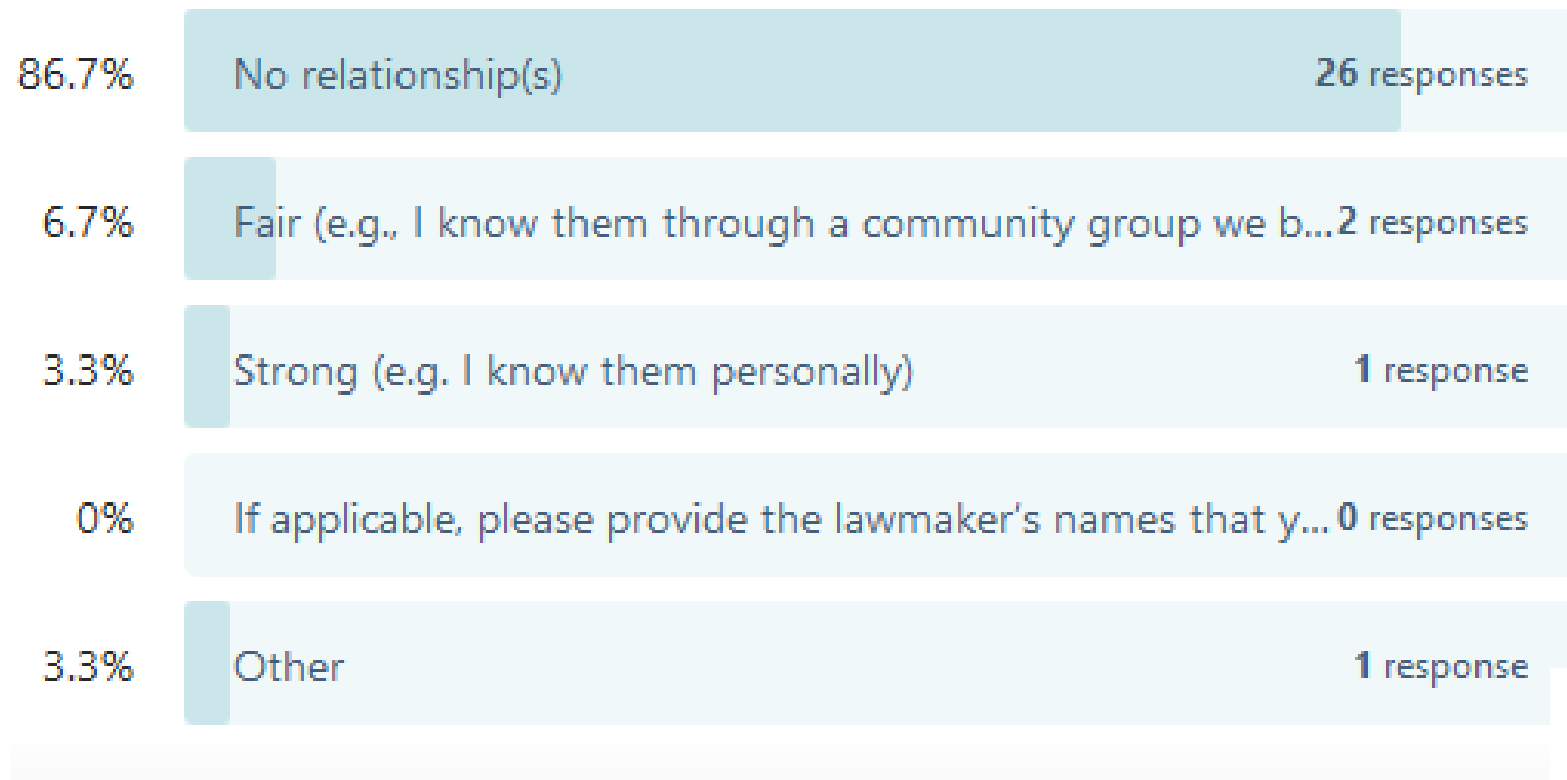
30 out of 30 people answered this question



✓ 30

Do you have any relationship(s) with Colorado Legislators?

30 out of 30 people answered this question



☰ 31

Is there any other information or feedback you'd like to share regarding this survey, Art Therapy in general, Art Therapy Title Protection or Licensure?

30 out of 30 people answered this question

Community support can be found in other community organizations.

Hi! I worked the HB 1080 in 2008 for Art Therapy here in CO . At that time I knew many of the Legislators and lobbyists. I am familiar with the process and would not have any trouble speaking with them again if desired. The Social Workers and the Nurses were all for it.

I appreciate the outreach. I would find it helpful to be connected to the art therapy community but I have been intimidated to get involved.

I came from New York where we have a creative arts license.

I may be interested in this advocacy in the future- and very much would like to see licensure. Currently, my caseload/balancing two jobs does not allow for more volunteer work at this time.

I think Title protection might be a slightly easier route to go rather than licensure.



☰ 31

Is there any other information or feedback you'd like to share regarding this survey, Art Therapy in general, Art Therapy Title Protection or Licensure?

30 out of 30 people answered this question

I would like to become a member of the Colorado Art Therapy Association. Thank you for all your efforts to bring even more visibility to our profession.

I'd like to become more involved in advocacy and CO-ATA as a whole. Initially when I moved to Colorado I thought I would only be in this state short-term, but I want to put down roots and build my career here for the foreseeable future.

Just a clarification on my credentials, I just graduated from a master's program this summer and am currently seeking licensure for the state. I'd love it if Colorado had a protected Art therapy licensure (like many other states).

Thank you for creating this survey for research.

This is a great survey!

Let's keep working toward title protection and licensure in Colorado!