

Art Therapy Community Survey Results September 2020



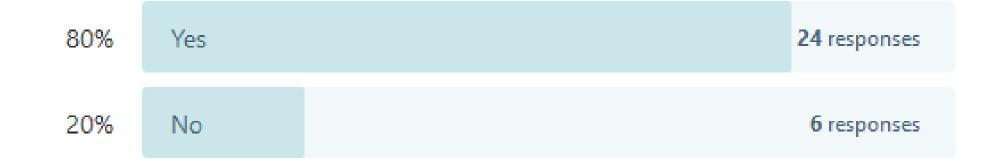
Are you a Colorado Art Therapy Association member?

93.3%	Yes	28 responses
6.7%	No	2 responses





Are you an American Art Therapy Association - AATA member?





What is your gender?

83.3%	Female	25 responses
6.7%	Gender Variant/Gender-Fluid/Gender Non-Conforming	/ 2 responses
6.7%	Male	2 responses
3.3%	Prefer Not to Answer	1 response
0%	Transgender	0 responses





What is your age?

30 out of 30 people answered this question

Average Age of Respondents is 41 years old

Age Range of Respondents is from 25 to 76 years old



What is your ethnicity?

30 out of 30 people answered this question

European, Hispanic, Irish Italian, It's Complicate, Lakota/Kiowa/Cheyenne, Puerto Rican (Latinx) and Polish, White (Italian-American, German-American), White Non-Hispanic, White-German/English/Scottish



What is your city/town location?

30 out of 30 people answered this question

Boulder, Broomfield, Colorado Springs, Denver, Thornton, Fairfax, Greenwood Village, Highlands Ranch, Lafayette, Littleton, Longmont, Parker, Pueblo, Sheridan, Outside Boulder





Do you belong to other Professional Associations?

71.4%	No other Professional Associations	20 responses
21.4%	Colorado Counseling Association - ACA	6 responses
3.6%	Colorado American Psychology Association - APA	1 response
7.1%	Other	2 responses



What are your job title(s)?

72.4%	Art Therapist	21 responses
44.8%	Counselor	13 responses
37.9%	Therapist	11 responses
27.6%	Psychotherapist	8 responses
10.3%	Other	3 responses



What are the other job titles of the other professionals with whom you work?

43.3%	No other job titles	13 responses
43.3%	Social Workers	13 responses
26.7%	Psychiatrists	8 responses
20%	Case Manager	6 responses
16.7%	Doctor MD	5 responses
16.7%	Nurse	5 responses
13.3%	Behavioral Tech	4 responses
10%	Music Therapist	3 responses
6.7%	Other	2 responses





What is your Colorado state licensure or other state licensure?

60%	LPC - Licensed Professional Counselor	18 responses
23.3%	Not Licensed at this time	7 responses
10%	LPCC - Licensed Professional Counselor Candidate	3 responses
3.3%	LMFT - Licensed Marriage and Family Counselor	1 response
0%	LAT - Licensed Art Therapist (from another state)	0 responses
0%	LCAT - Licensed Creative Art Therapist (from another st	a 0 responses
0%	LCSW - Licensed Social Worker	0 responses
3.3%	Other	1 response





What are your ATCB art therapy credentials?

36.7%	ATR-BC - Board Certified Art Therapist	11 responses
30%	No ATCB Credentials	9 responses
20%	ATR- Registered Art Therapist	6 responses
13.3%	ATR-P - Art Therapist Registered - Provisional	4 responses
0%	ATCS- Art Therapist Certified Supervisor	0 responses
0%	Other	0 responses





What are the number of years you have practicing art therapy and/or psychotherapy?

20%	3 to 6 years experience	6 responses
16.7%	0 to 3 years experience	5 responses
13.3%	13 to 17 years experience	4 responses
13.3%	20 + years of experience	4 responses
13.3%	6 to 9 years experience	4 responses
10%	10 to 13 years experience	3 responses
10%	Student - Not practicing yet	3 responses
3.3%	17 to 20 years experience	1 response
0%	Retired and not currently practicing	0 responses
0%	Other	0 responses





Do you have any other specialties, certificates or additional training in addition to your licensure?

27 out of 30 people answered this question

Addictions, Advocacy/non-profit work, AASECT Certified Sex Therapist, Art Education, Co-Occurring Disorders, Depth Psychology, Eating Disorders, EMDR, Internal Family Systems, Jungian training, LAC-Addiction Counselor Training, Mediation, NCC, PACT Level 2, QMHP-T, Reconnective Therapy, SoulCollage[©], Facilitator, Registered Yoga Teacher, Sand tray, Sensorimotor Psychotherapy, Social Work, Soul Collage Facilitator, Trauma Recovery, Trauma Therapy Training (PESI), SFBT training, Supervision, Yoga





What Colorado county do you work in?

30 out of 30 people answered this question

Adams, Aurora, Boulder, Broomfield, Denver, Douglas, El Paso, Greenwood Village, Jefferson and Pueblo.



What type of organization or agency do you work in?

69%	Private Practice	20 responses
17.2%	Community Based	5 responses
13.8%	University/College	4 responses
10.3%	Inpatient Mental Health	3 responses
6.9%	Outpatient Mental Health	2 responses
3.4%	Adult Day Care	1 response
3.4%	Art Studio	1 response
3.4%	Correctional Facility	1 response
3.4%	Counseling Center	1 response
3.4%	Substance Abuse Program	1 response



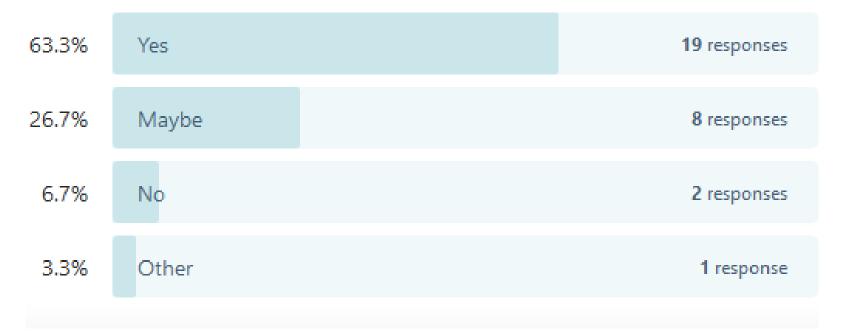
What funding sources do you/your agency use for art therapy services?

27 out of 30 people answered this question

Agencies budget for art supplies, Art Materials donated, Donations, Grants, Hospital budget allocations, Insurance, Major private insurances, Medicaid, Personal, Personal Inventory, Primarily State Government funding, Private Pay in Private Practice, Medicaid, Sliding Scale for Organizational work, Self-Pay



Is there a need for more mental health / therapy services in your county?





Please indicate the population your organization specializes in.

62.1%	Trauma 18 respons	es
44.8%	Adults and Seniors 13 respons	es
37.9%	Women's Issues 11 respons	es
34.5%	Psychiatric/Mental Illness 10 respons	es
31%	Children 9 respons	es
20.7%	Abuse Issues 6 respons	es
20.7%	Behaviorally/Emotionally Disturbed 6 respons	es
17.2%	LGBTQIA -Lesbian, Gay, Bisexual, Trans, Queer, Intersex, 5 respons	es
17.2%	Multicultural 5 respons	es
13.8%	Seniors 4 respons	es



Please indicate the population your organization specializes in.

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Adult Day Center	1 response
AIDS/HIV+	1 response
Domestic Violence	1 response
Geriatric/ Alzheimer/ Memory Care	1 response
Hospice	1 response
Rehabilitation	1 response
Veterans	1 response
Dialysis	0 responses
Other	2 responses
	Domestic Violence Geriatric/ Alzheimer/ Memory Care Hospice Rehabilitation Veterans Dialysis



What is the name of the organization or agency you work for or are affiliated with?

- CDOC
- Children's Hospital
- **Creative Therapy**
- **CMHIP**
- Colorado Mental Health Institute at Fort Logan
- Consultants for Children
- Couples Counseling of Denver
- **Creative Empowerment Counseling**
- DCIC
- **Denver Homeless Out Loud**
- Jefferson Center

- McClendon Center
- Naropa Student Counseling Center **Private Practice**
- Self Employed
- SonderMind
- **Specialized Offender Services**
- Studio Spectral
- **Teacup Counseling**
- The Blue Bench
- The Mariposa Center





What type of clients do you work with?

93.1%	Individual	27 responses
44.8%	Group	13 responses
17.2%	Families	5 responses
13.8%	Couples	4 responses
0%	Other	0 responses





What percentage of your work is art therapy vs general therapy?

29 out of 30 people answered this question

Average Percentage of Work as Art Therapy 53%

Mode of Data Range 80%

Mode is the most commonly occurring value in the data range

Range of Art Therapy vs General Therapy 0% to 100%





What types of group(s) do you facilitate or co-facilitate?

55.2%	Art Therapy	16 responses
24.1%	No group facilitation	7 responses
17.2%	Addiction/Recovery	5 responses
17.2%	Educational	5 responses
13.8%	Supervision	4 responses
13.8%	Support	4 responses
13.8%	Talk Therapy	4 responses
13.8%	Team Building	4 responses
10.3%	Community Outreach	3 responses
10.3%	Training	3 responses

6.9%	Professional Consult	2 responses
3.4%	Grief/loss	1 response
3.4%	Workshop/CEU	1 response
3.4%	Yoga	1 response
0%	Play Therapy	0 responses
0%	Professional Skills	0 responses
3.4%	Other	1 response



Do you work with an art therapist yourself for personal therapy?

56.7%	No	17 responses
33.3%	In the past	10 responses
6.7%	Yes	2 responses
3.3%	At times	1 response
0%	Other	0 responses





Approximately how many clients or patients are receiving art therapy at your organization or agency?

28 out of 30 people answered this question

Average Number of Client Receiving Art Therapy = 16

Range of Clients Receiving Art Therapy is 0 to 40



What degrees have you earned?

76.7%	MA	23 responses
33.3%	BA or BS	10 responses
3.3%	MS	1 response
3.3%	PhD	1 response
0%	Psy	0 responses
3.3%	Other	1 response





What is the highest level of art therapy training you have received?

75.9%	Masters in Art Therapy, approved (ATCB) program	22 responses
10.3%	Current student in a Masters in Art Therapy Program	3 responses
10.3%	Post-Masters Training in Art Therapy (able to receive A	TC3 responses
3.4%	Masters in Art Therapy non-ATCB approved program (abl 1 response
0%	Bachelors in Art Therapy or undergraduate Art Therapy	y c 0 responses
0%	PhD in Art Therapy or Expressive Therapy	0 responses
0%	Other	0 responses



Are you aware of case(s) of unintentional harmful uses of art therapy by either an art therapist or others without art therapy training promoting their services as art therapy?

30 out of 30 people answered this question

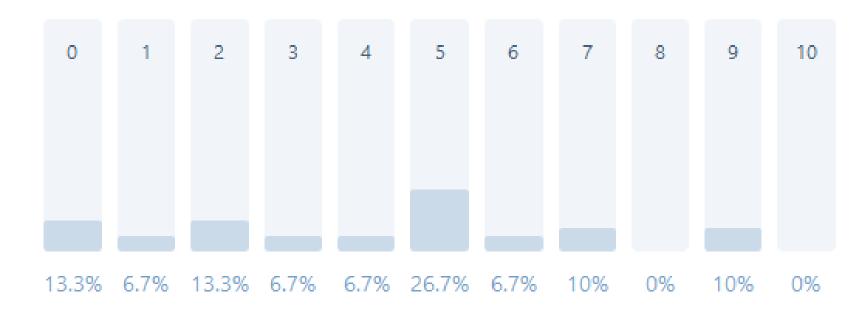
Answers include No = 13 (43%) Yes = 5 (17%) In the past = 3 (10%)

Comments -

- Perhaps not "harmful" but yes to minimally effective and not properly conducted.
- Only nationally, none in CO
- Not currently, not observing many art therapists at this time. In the past have seen new art therapists/art therapy interns/recent graduates have poor boundaries in general/not set up containment prior engaging in work.
- Not at my work, but I have heard from other art therapists that non-art therapists have made attempts at doing so. You also see therapists on Psychology Today claiming to do art therapy without proper credentials.

How familiar are you with the Colorado Legislative process and/or advocacy? On a Scale from 0 to 10, with 10 the most familiar.

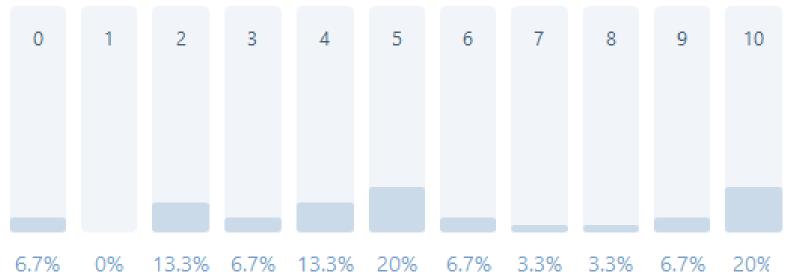
Avg. 4.1





How likely are you to volunteer for CO-ATA to raise Art Therapy awareness, Title Protection or Licensure? On a Scale from 0 to 10, with 10 the most likely.

Avg. 5.5





Do you have any relationship(s) with Colorado Legislators?

86.7%	No relationship(s)	26 responses
6.7%	Fair (e.g., I know them through a community group we l	b2 responses
3.3%	Strong (e.g. I know them personally)	1 response
0%	If applicable, please provide the lawmaker's names that y	y 0 responses
3.3%	Other	1 response



Is there any other information or feedback you'd like to share regarding this survey, Art Therapy in general, Art Therapy Title Protection or Licensure?

30 out of 30 people answered this question

Community support can be found in other community organizations.

Hi! I worked the HB 1080 in 2008 for Art Therapy here in CO. At that time I knew many of the Legislators and lobbyists. I am familiar with the process and would not have any trouble speaking with them again if desired. The Social Workers and the Nurses were all for it.

I appreciate the outreach. I would find it helpful to be connected to the art therapy community but I have been intimidated to get involved.

I came from New York where we have a creative arts license.

I may be interested in this advocacy in the future- and very much would like to see licensure. Currently, my caseload/balancing two jobs does not allow for more volunteer work at this time.

I think Title protection might be a slightly easier route to go rather than licensure.



Is there any other information or feedback you'd like to share regarding this survey, Art Therapy in general, Art Therapy Title Protection or Licensure?

30 out of 30 people answered this question

I would like to become a member of the Colorado Art Therapy Association. Thank you for all your efforts to bring even more visibility to our profession.

I'd like to become more involved in advocacy and CO-ATA as a whole. Initially when I moved to Colorado I thought I would only be in this state short-term, but I want to put down roots and build my career here for the foreseeable future.

Just a clarification on my credentials, I just graduated from a master's program this summer and am currently seeking licensure for the state. I'd love it if Colorado had a protected Art therapy licensure (like many other states).

Thank you for creating this survey for research.

This is a great survey!

Let's keep working toward title protection and licensure in Colorado!